

**BEST AVAILABLE COPY****Brief Description of the Drawings**

**Figure 1** is a perspective view of a neuromuscular/proprioceptive apparatus in accordance with the present invention:

**Figure 2** is a side elevational view of the apparatus shown in Figure 1;

**Figure 3** is a front elevational view of the apparatus shown in Figure 1;

**Figure 4** is a top plan view of the apparatus shown in Figure 1;

**Figure 5** is an illustration of the apparatus being used in a neuromuscular/proprioceptive exercise.